**How can we become ourselves?**

Obama asks the following questions:

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| What do I care about? | How do I want to wake up and invest my time every day? | | |
| What brings me joy? | What makes me sad? | | Who do I want to be? |
| How do I want to “show up” in the world? | | What kind of work will bring me joy? | |

Choose two/three and answer them in detail.

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**Challenge**

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| **Are these questions easy or difficult to answer?**  **Why might that be?** |
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| **What does Obama say about this and do you agree with her?**  **Why or why not?** |
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