



SPEAKERS
for schools



NATIONAL TEEN BOOK CLUB

One Of Us Is Lying

Anti-bullying and mental health support helplines,
websites and resources

Helplines and websites



- The National Bullying Helpline: 0300 323 0169 / 0845 22 55 787
- Childline: 0800 11 11
- The Mix: 0808 808 4994
- [Young Minds](#)
- [Kidscape](#)
- [The Cybersmile Foundation](#)
- [NSPCC](#)
- [The Proud Trust](#)

Resources



- [Anti-Bullying Alliance School Resources](#)
- [Respectme Learning Resources](#)
- [Internet Matters Resources for All](#)
- [Mentally Healthy Schools Lesson Plans](#)
- [Campaign Resources Lesson Plans](#)
- [BBC Anti-Bullying Week Teacher Resources](#)
- [End Bullying Now Learning Resources](#)
- [Diverse Educators](#)